



## Physical Education Evaluation Rubric

Read each box below and determine if the student accomplished the cognitive, behavioral, and attitudinal outcomes listed. Make your decision based on a student's overall performance.

Points, recognition, or other words of praise may be used when assessing or grading student work or performance. Be creative, and give feedback as often as possible.

<p><b>“Excellent” or 4 points</b></p> <p><b><i>The Student.....</i></b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Demonstrates exceptional skills consistent with his/her potential.</li> <li><input type="checkbox"/> Demonstrates exceptional use of strategies related to a sport or activity.</li> <li><input type="checkbox"/> Always participates vigorously in sports and exercise activities.</li> <li><input type="checkbox"/> Has a positive and enthusiastic attitude during physical activity and displays good sportsmanship.</li> </ul>
<p><b>“Good” or 3 points</b></p> <p><b><i>The Student.....</i></b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Demonstrates appropriate skills consistent with his/her potential.</li> <li><input type="checkbox"/> Consistently selects appropriate strategies related to a sport or activity.</li> <li><input type="checkbox"/> Actively participates in sports and exercise activities.</li> <li><input type="checkbox"/> Normally displays a positive attitude during physical activity and is courteous to fellow students.</li> </ul>
<p><b>“Average” or 2 points</b></p> <p><b><i>The Student.....</i></b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Demonstrates only basic skills.</li> <li><input type="checkbox"/> Has a basic understanding of strategies related to a sport or activity.</li> <li><input type="checkbox"/> Passively participates in sports and exercise activities.</li> <li><input type="checkbox"/> Displays a positive attitude during physical activity most of the time and is usually cooperative with other students.</li> </ul>
<p><b>“Poor” or 1 point</b></p> <p><b><i>The Student.....</i></b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Demonstrates minimal or no effort to perform skills.</li> <li><input type="checkbox"/> Has minimal or no understanding of strategies related to a sport or activity.</li> <li><input type="checkbox"/> Makes little effort to participate.</li> <li><input type="checkbox"/> Displays a poor attitude during physical activity and is disrespectful to fellow students and the instructor.</li> </ul>

