



## **High School Cafeteria Council Members and Meeting Schedule**

Each unit in the Healthy and Wise High School Coordinated Health Program conveys the importance of proper nutrition and physical activity as the foundation of good health. In addition, the monthly Healthy and Wise program that supports the Wellness Lessons in the Healthy and Wise Strength, Conditioning, and Wellness Guide focuses on food and nutrition topics that provide the opportunity for the school to examine the nutrition, safety, and hygiene practices in their cafeteria. Schools are encouraged to develop a Cafeteria Council consisting of the principal, cafeteria manager, school counselor or nurse, several parents, several teachers, and several students. This council should meet monthly to discuss current cafeteria issues and to develop a coordinated approach to using the food and nutrition section in Healthy and Wise as a method of informing students, staff, and parents of its healthful practices and enhancing the classroom high school nutrition objectives and lessons.

**School:** \_\_\_\_\_ **District:** \_\_\_\_\_

**Cafeteria Council Members (At least 8 members should be selected.)**

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.

**The Cafeteria Council will meet each month. The designated meeting time is described below: (Example: last Monday of each month, second Tuesday of the month, etc.)**