



District Coordinated School Health Accountability Checklist

(Middle School Coordinated Health 6-8)

The following steps and procedures have been completed or are in place to ensure that our district has adopted and implemented the Healthy and Wise Middle School Coordinated Health Program and is in compliance with SB 19, 42 and 1357.

- Our district has formally adopted the Healthy and Wise Middle School Program as our Middle School coordinated school health program or as a supplemental program to our **existing** (_____) coordinated school health program. The status of our subscription is documented with yearly purchase orders or through Caprock Press at 800-383-1927 ext. 202.
- Our district has chosen to use SPARK PE as a coordinated option with the Healthy and Wise program.
- The Healthy and Wise Middle School Health Program is implemented in grades:
 - 6-8
 - 7-8
 - Other _____
- District staff and food service personnel have participated in a Healthy and Wise and/or SPARK training session. Parents have been invited and are encouraged to attend training sessions. Check the circle(s) that apply.
 - Training was provided in the district.
 - Videotape from the onsite training is available and utilized in our district.
 - Training was provided at the regional service center.
 - Our district utilizes the Healthy and Wise online training.
 - Attended a SPARK training institute
- All District and School staff members understand the importance of differentiating health and physical education instruction and strive to meet the health and physical needs of each student.
- During the Healthy and Wise and/or SPARK training, participants were trained on assessment components available with the program and were introduced and trained to use other assessment tools available such as the Middle School Health Index – Planning and Assessment tools.

- Health knowledge and behaviors are assessed and measured using the following procedures and assessment tools: (Check the circle(s) that apply)
 - Healthy and Wise and/or SPARK evaluation rubrics are used in combination with authentic and performance based activities and assessments to measure cognitive, behavioral, and attitudinal outcomes.
 - Healthy and Wise student portfolios are utilized and graded every six weeks.
 - Administrators, district staff, and parents can review the Healthy and Wise student portfolios at any time.

- Teachers are required to submit to their administrator, or have available for review on their desk, a Healthy and Wise and/or SPARK weekly lesson plan.

- Students are physically active at least 30 minutes each day and receive a physical education grade every six weeks on their report cards.

- Students receive a health grade (or averaged health grade) every six weeks on their report cards. (Check the circle(s) that apply)
 - Health is a separate grade on the report card.
 - The health grade is averaged in with the science grade.
 - The health grade is averaged in with the physical education grade.
 - Other: _____

- Food service meets or exceeds the requirements outlined in the Texas Public School Nutrition Policy and utilizes the USDA 2005 Dietary Guidelines for Americans and the MyPyramid food guidance system.

- The nutrition curriculum in the Healthy and Wise Middle School Program is supported and enhanced by food service personnel via the Healthy and Wise Cafeteria Council Participation Plan.

- Parental involvement in health and physical education is continuously encouraged and documented in lesson plans, student activities, and/or the Healthy and Wise student portfolios.

- The district's school campuses and environments are continuously evaluated to ensure that health and safety are a top priority.

- The district's School Health Advisory Council meets regularly and continuously strives to ensure that the district is meeting the requirements of SB 19, 42, and 1357.

District

Representative

Date