



## District Coordinated School Health Accountability Checklist

The following steps and procedures have been completed or are in place to ensure that our district has adopted and implemented the Healthy and Wise Coordinated School Health Program and is in compliance with SB 19,1357, and 42.

- Our district has formally adopted the Healthy and Wise Coordinated School Health Program as our primary coordinated school health program or as a supplemental program to our **existing** (\_\_\_\_\_) coordinated school health program. The status of our subscription is documented with yearly purchase orders or through Caprock Press at 800-383-1927 ext. 202.
- The Healthy and Wise Coordinated School Health Program is implemented in grades:
  - K-5
  - K-6
  - K-8
  - Other \_\_\_\_\_
- District staff and food service personnel have participated in a Healthy and Wise training session. Parents have been invited and are encouraged to attend training sessions. Check the circle(s) that apply.
  - Training was provided in the district.
  - Videotape from the onsite training is available and utilized in our district.
  - Training was provided at the regional service center.
  - Our district utilizes the Healthy and Wise online training.
- All District and School staff members understand the importance of differentiating health instruction and strive to meet the health needs of each student.
- During the Healthy and Wise training, participants were trained on assessment components available with the Healthy and Wise program and were introduced and trained to use other assessment tools available such as the Elementary Health Index – Planning and Assessment tools.

- Health knowledge and behaviors are assessed and measured using the following procedures and assessment tools: Check the circle(s) that apply:
  - Healthy and Wise evaluation rubrics are used in combination with authentic and performance based activities and assessments to measure cognitive, behavioral, and attitudinal outcomes.
  - Healthy and Wise student portfolios are utilized and graded every six weeks.
  - Administrators, district staff, and parents can review the Healthy and Wise student health portfolios at any time.
  
- Teachers are required to submit to their administrator, or have available for review on their desk, a Healthy and Wise weekly lesson plan.
  
- Students are physically active at least 30 minutes each day and receive a physical education grade every six weeks on their report card.
  
- Students receive a health grade (or averaged health grade) every six weeks on their report card. Check the circle(s) that apply.
  - Health is a separate grade on the report card.
  - The health grade is averaged in with the science grade.
  - The health grade is averaged in with the physical education grade.
  - Other: \_\_\_\_\_
  
- Food service meets or exceeds the requirements outlined in the Texas Nutrition Policy and utilizes the USDA 2005 Dietary Guidelines for Americans and the MyPyramid food guidance system.
  
- The nutrition curriculum in Healthy and Wise is supported and enhanced by food service personnel via the Healthy and Wise Cafeteria Council Participation Plan.
  
- Parental involvement in health and physical education is continuously encouraged and documented in lesson plans, student activities, and/or the Healthy and Wise student portfolios.
  
- The district's school campuses and environments are continuously evaluated to ensure that health and safety are a top priority.
  
- The district's School Health Advisory Council meets regularly and continuously strives to ensure that the district is meeting the requirements of SB 19, 1357, and 42.

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District

\_\_\_\_\_  
Representative

\_\_\_\_\_  
Date